

Is the Pain in the Brain?

It is my toe
That hurts me so.
It was remote, but now I'm seeing
That its the center of my being.
This ache, philosophers would find,
Is not the body, but in the mind.
Yet if you asked a scientist,
He or she would quite insist
That this intense and throbbing pain
Is not the toe, but in the brain.
But brain and mind are both not so.
My ache is plainly in my toe.
The wise would probably declare,
"That only seems." But I was there,
Right in my toe,
And thus I know.